



# Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	Chicken Nuggets * Or Grilled Cheese *  Broccoli Red Peppers Apple	Beef Nachos* Served with Sour Cream Or Cheese Quesadilla*  Steamed Edamame Peas Blueberries	Black Bean Burrito* Or Beef Cheeseburger *  Steamed Zucchini Roasted Corn Orange	Fresh Baked Pizza * Or Pepperoni Pizza (P)*  Spinach Salad Sweet Potato Watermelon
8	9	10	11	12
Hot Dog* Or Chicken Patty*  Mashed Potato Side Salad Cantaloupe	Turkey Tacos * Or Chicken Tenders* Breadstick  Baked Sweet Potato Corn Orange	Beef Cheeseburger* Or Chicken Dumplings*  Steamed Carrots Spinach Salad Sliced Apples	French Toast * Turkey Sausage 100% Maple Syrup Or BBQ Chicken Sandwich*  Celery Sticks Tater Tots Strawberry	Fresh Baked Cheese * Or Pepperoni Pizza (P)*  Side Salad Red Peppers Banana
15	16	17	18	19
Cheese Quesadilla* Or Chicken Corn Dog*  Baked Tater Tots Celery Sticks Sliced Apple	Chicken Tenders* Or Beef Nachos* Served with Sour Cream  Black Beans Roasted Corn Honeydew	Chicken Quesadilla * Or Mashed Potato Chicken Bowl *  Steamed Broccoli Red peppers Banana	Chicken Nuggets* Or Grilled Cheese*  Baked Crinkle Fries Sliced Cucumber Sliced Apples	Fresh Baked Pizza * Or Pepperoni Pizza (P)*  Side Salad Baby Carrots Pear
22	23	24	25	26
Beef Tacos* Served with Cheddar Cheese Or Cheese Quesadilla  Black Beans Side Salad Orange	School Closed  	School Closed  	Chicken Nuggets* Dinner Roll Or Hot Dog*  Baked Spiral Potato Steamed Broccoli Apple	Fresh Baked Pizza * Or Pepperoni Pizza (P)*  Side Salad Baby Carrots Pear
29	30			
Chicken Tenders* Pasta Lo Mein Or American Cheese Melt*  Steamed Green Beans Carrot Coin Orange	Hot Dog* Or Beef Cheeseburger*  Baked Beans Celery Apple		<a href="#">Adult Lunch</a> <a href="#">\$5.50</a>  Yogurt Smoothies  Made to Order  Available Everyday	Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option

Available Every Day

- Bagel with Cheese Stick Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich; Turkey or Ham Sandwich
- Side Salad

All of these are offered as a Complete Meal, including vegetable, fruit and milk .

A Gluten Free Meal is available with 1 day notification

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.



All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain)

Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily.

All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.

If you have any questions/concerns regarding this menu or there are special dietary needs, please email [gloria.estrada@irvingtonschool.org](mailto:gloria.estrada@irvingtonschool.org)

\* items contain Milk or Soy \*\*\*items with a (P) may contain pork. This Institution is an equal opportunity employer and provider