



Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| 1 | 2 | 3 | 4 | 5 |
|  | Chicken Nuggets* Or Grilled Cheese* Broccoli Red Peppers Apple | Beef Nachos* Served with Sour Cream Or Cheese Quesadilla* Steamed Edamame Peas Blueberries | Black Bean Burrito* Or Beef Cheeseburger* Steamed Zucchini Roasted Corn Orange | Fresh Baked Pizza* Or Pepperoni Pizza (P)* Spinach Salad Sweet Potato Watermelon |
| 8 | 9 | 10 | 11 | 12 |
| Hot Dog* Or Chicken Patty* Mashed Potato Side Salad Cantaloupe | Turkey Tacos* Or Chicken Tenders* Breadstick Baked Sweet Potato Corn Orange | Beef Cheeseburger* Or Chicken Dumpling* Steamed Carrots Spinach Salad Sliced Apples | French Toast* Turkey Sausage 100% Maple Syrup Or BBQ Chicken Sandwich* Celery Sticks Tater Tots Strawberry | Fresh Baked Cheese* Or Pepperoni Pizza (P)* Side Salad Red Peppers Banana |
| 15 | 16 | 17 | 18 | 19 |
| Cheese Quesadilla* Or Chicken Corn Dog* Baked Tater Tots Celery Sticks Sliced Apple | Chicken Tenders* Or Beef Nachos* Served with Sour Cream Black Beans Roasted Corn Honeydew | Chicken Quesadilla* Or Mashed Potato Chicken Bowl* Steamed Broccoli Red peppers Banana | Chicken Nuggets* Or Grilled Cheese* Baked Crinkle Fries Sliced Cucumber Sliced Apples | Fresh Baked Pizza* Or Pepperoni Pizza (P)* Side Salad Baby Carrots Pear |
| 22 | 23 | 24 | 25 | 26 |
| Beef Tacos* Served with Cheddar Cheese Or Cheese Quesadilla Black Beans Side Salad Orange | School Closed  | School Closed  | Chicken Nuggets* Dinner Roll Or Hot Dog* Baked Spiral Potato Steamed Broccoli Apple | Fresh Baked Pizza* Or Pepperoni Pizza (P)* Side Salad Baby Carrots Pear |
| 29 | 30 | | | |
| Chicken Tenders* Pasta Lo Mein Or American Cheese Melt* Steamed Green Beans Carrot Coin Orange | Hot Dog* Or Beef Cheeseburger* Baked Beans Celery Apple |  | <u>Adult Lunch</u> <u>\$5.50 (Includes tax)</u>  | <u>Yogurt Parfait</u> <u>Available on Tuesday and</u> <u>Thursday</u> <u>As an Ala Carte or Meal</u> <u>option</u> |

Available Every Day

- Bagel with Cheese Stick Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich; Turkey or Ham Sandwich
- Side Salad

All of these are offered as a Complete Meal, including vegetable, fruit and milk.

A Gluten Free Meal is available with 1 day notification

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.



All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain)

Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily.

All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.

If you have any questions/concerns regarding this menu or there are special dietary needs, please email gloria.estrada@irvingtonschool.org

* items contain Milk or Soy ***items with a (P) may contain pork. This Institution is an equal opportunity employer and provider