



# Irvington High School and Middle School Menu



## Breakfast Menu

**Available every day!**

All Breakfast **Must** Include Choice of:  
One Grain, Fruit  
And May Include:  
Choice of Fat Free or 1% Low-Fat Milk with no rBST  
or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns  
Special Dietary Needs Please email  
gloria.estrada@irvingtonschools.org

- \***Made to Order Omelet Station**- Toppings diced tomatoes, Onions, Peppers, Chicken Sausage, Mozzarella or Cheddar Cheese
- \***Bacon, Egg & Cheese Sandwich**- On wheat Bread
- \***Meatless Egg & Cheese Sandwich**- On Sliced Wheat Bread
- \***Wheat French Toast Sticks**- Served with 100% Maple Syrup
- \***Wheat Pancakes** – Served with 100% Maple Syrup
- \***Yogurt Parfait**- Greek Vanilla Yogurt, Fresh Blueberries & Granola
- \***Bagel Meal** - Bagel, 2 Cheese Stick and Fruit
- \***Daily Vegetables**–Hash Brown/Tater Tots offered daily
- \***Available Daily** –Orange, Apple and Banana

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This Institution is an equal opportunity provider.

Coffee Station available for High School  
Students in both Atrium and Cafeteria locations

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.



# Irvington High School and Middle School Menu



## Daily Offerings

### Available every day!

All Lunches Must Include Choice of:  
Fruits and/or Vegetable  
And May Include:  
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- \***ACTION STATION**- Lo Mein Noodles Sautéed Fresh & Hot! Add vegetables of choice and diced chicken.
- \***GRAB n GO STATION**- Burgers & Chicken Sandwiches on a Bun
- \***SMOOTHIE STATION**- Yogurt blended with fruit and granola
- \***ACAI BAR**- Acai berry with choice of various toppings
- \***DELI STATION** - Made to Order Sandwiches with Boars Head products. Panini press option for a hot variation.
- \***DAILY VEGETABLES** - Carrot Sticks and Celery Sticks offered daily
- \***GOURMET PIZZA STATION**- Specialty Pizzas Daily along with Cheese, Pepperoni (P) and Turkey, Salami (P) and Mozzarella Cheese Stromboli
- \***WEDNESDAY BBQ** - Beef Burger, Hot Dog, Veggie Burger w/Toppings
- \***SALADS** - Grilled chicken Caesar salad
- \*Apple, Oranges, Banana, Watermelon, Cantaloupe, Honeydew, Grapes, Strawberry, Blueberries and Pears

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# September 2025

## IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

Sep 2-5

### MONDAY

### TUESDAY

Penne Pasta  
Breadstick

Carrots  
Apple

### WEDNESDAY

### THURSDAY

Beef Nachos

Pork Cubano Sandwich (P) \*

Steamed Zucchini  
Blueberries

Baked Sweet Potatoes  
Orange

### FRIDAY

Chicken Dumplings\*

Steamed Broccoli  
Watermelon

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Gluten Free items are available. Please ask servers to  
identify items.

[Student Lunch Meal \\$4.25](#)

[Adult Lunch](#)

[\\$5.50 \(Includes tax\)](#)

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# September 2025

## IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

September 8-12

### MONDAY

#### Meatless Monday

Cheese Quesadilla Bar  
With Salsa, Sour Cream

Brown Rice & Black Beans  
Cantaloupe

### TUESDAY

Turkey Tacos  
Cilantro Rice

Garbanzo Beans  
Blueberries

### WEDNESDAY

Chicken Dumplings\*  
Fried Rice

Spinach Salad  
Sliced Apple

### THURSDAY

Breakfast Home  
Made Waffles\*  
Turkey Sausage  
100% Maple Syrup

Broccoli  
Strawberries

### FRIDAY

NachoTater Tots\*

Side Salad  
Rainbow Vegetables  
Banana

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# September 2025

## IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

September 15-19

### MONDAY

Chicken Corn Dog  
Mac and Cheese

Tater Tots  
Sliced Apple

### TUESDAY

Beef Nachos \*  
Sour Cream, Salsa

Steamed Carrots  
Honeydew

### WEDNESDAY

Boneless Wings  
Dinner Roll

Roasted Broccoli  
Banana

### THURSDAY

Grilled Cheese  
Tomato Soup

Cucumber  
Apple

### FRIDAY

Cheesy Penne Pasta \*  
Garlic Bread

Roasted Zucchini  
Cherry Tomatoes  
Fresh Pear

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# September 2025

## IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

September 22-26

### MONDAY

Fish Sandwich \*

Baked Sweet Potato  
Orange

### TUESDAY

School Closed

### WEDNESDAY

School Closed

### FRIDAY

Mac and Cheese  
Breadstick

Side Salad  
Pear

### THURSDAY

Chicken Quesadilla \*

Baked Potato  
Carrot

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# September 2025

## IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

September 29-30

### MONDAY

**Chicken Nuggets\***  
**Pasta Lo Mein**

**Steamed Broccoli**  
**Orange**

### TUESDAY

**Spaghetti with Sauce**  
**Meatball**  
**Dinner Roll**

**Steamed Squash**  
**Apple**

### WEDNESDAY

### THURSDAY

### FRIDAY

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