



Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cheese Quesadilla * Or Turkey Tacos Black beans Side Spinach Salad Banana	Beef Patty with Sautéed* Onions Or Chicken Corn Dog Tater Tots Sliced Cucumber Orange Wedges	Pancakes * Scrambled Eggs 100% Maple Syrup Or Chicken Patty Sandwich * Steamed Carrots Steamed Kale Sliced Apples	Chicken Rice Bowl Or Beef Hot Dog * Roasted Corn Green Beans Banana	Fresh Baked Pizza * Or Pepperoni Pizza (P)* Spinach Salad Sweet Potato Orange Wedges
10	11	12	13	14
Chicken Nuggets * Or American Cheese Melt* Baked Fries Roasted Broccoli Sliced Apples	Pulled Pork Sandwich * Or Hot Dog * Mashed Potato Steamed Kale Banana	Bean & Cheese Burrito * Or French Toast* Chicken Sausage Maple Syrup Baked Fries Cauliflower Sliced Apples	Parent/Teacher Conference Day No Lunch 	Fresh Baked Cheese * Or Pepperoni Pizza (P)* Side Salad Red Peppers Banana
17	18	19	20	21
Fish Stick * Brown Rice Or Cheeseburger *  Seasoned Corn Black Beans Sliced Apples	French Toast * Scrambled Eggs Or Turkey Tacos* Steamed Broccoli Cucumber Banana	Turkey Nachos* Or Grilled Cheese* Pinto Beans Baked Sweet Potato Orange Wedges	Beef Burger * Or Bean Burrito* Baked French Fries Romaine Salad Fresh Honeydew	Fresh Baked Cheese * Or BBQ Chicken Pizza* Sliced Cucumber Carrots Sliced Apples
24	25	26	27	28
Chicken Patty Sandwich* Or Hot Dog* Steamed Broccoli Mashed Potato Orange Wedges	Grilled Cheese on Flatbread* Or Pulled Pork Sandwich Roasted Corn Red Peppers Banana	Cheeseburger* Or Bean and Cheese Burrito Steamed Edamame Steamed Carrots Sliced Apples	French Toast * Chicken Sausage 100% Maple Syrup Or Grilled Cheese Celery Stick Roasted Butternut Squash	Fresh Baked Cheese * Or Pepperoni Pizza (P)* Zucchini Carrots Sliced Apples
31				
Superintendent Conference Day No School for Students 			Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option	Student Lunch Meal \$3.25 Adult Lunch \$5.50 (Includes tax)

Available Every Day

- Bagel with Cheese Stick Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich; Turkey or Ham Sandwich
- Side Salad

All of these are offered as a Complete Meal, including vegetable, fruit and milk .

A Gluten Free Meal is available with 1 day notification

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.



All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain)

Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily.

All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.

If you have any questions/concerns regarding this menu or there are special dietary needs, please email gloria.estrada@irvingtonschool.org

* items contain Milk or Soy ***items with a (P) may contain pork. This Institution is an equal opportunity employer and provider