



# Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cheese Quesadilla * Or Turkey Tacos  Black beans Side Spinach Salad Banana	Beef Patty with Sautéed* Onions Or Chicken Corn Dog  Tater Tots Sliced Cucumber Orange Wedges	Pancakes * Scrambled Eggs 100% Maple Syrup Or Chicken Patty Sandwich *  Steamed Carrots Steamed Kale Sliced Apples	Chicken Rice Bowl Or Beef Hot Dog *  Roasted Corn Green Beans Banana	Fresh Baked Pizza * Or Pepperoni Pizza (P)*  Spinach Salad Sweet Potato Orange Wedges
10	11	12	13	14
Chicken Nuggets * Or American Cheese Melt*  Baked Fries Roasted Broccoli Sliced Apples	Pulled Pork Sandwich * Or Hot Dog *  Mashed Potato Steamed Kale Banana	Bean & Cheese Burrito * Or French Toast* Chicken Sausage Maple Syrup  Baked Fries Cauliflower Sliced Apples	Parent/Teacher Conference Day No Lunch  	Fresh Baked Cheese * Or Pepperoni Pizza (P)*  Side Salad Red Peppers Banana
17	18	19	20	21
Fish Stick * Brown Rice Or Cheeseburger *  Seasoned Corn Black Beans Sliced Apples	French Toast * Scrambled Eggs Or Turkey Tacos*  Steamed Broccoli Cucumber Banana	Turkey Nachos* Or Grilled Cheese*  Pinto Beans Baked Sweet Potato Orange Wedges	Beef Burger * Or Bean Burrito*  Baked French Fries Romaine Salad Fresh Honeydew	Fresh Baked Cheese * Or BBQ Chicken Pizza*  Sliced Cucumber Carrots Sliced Apples
24	25	26	27	28
Chicken Patty Sandwich* Or Hot Dog*  Steamed Broccoli Mashed Potato Orange Wedges	Grilled Cheese on Flatbread* Or Pulled Pork Sandwich  Roasted Corn Red Peppers Banana	Cheeseburger* Or Bean and Cheese Burrito  Steamed Edamame Steamed Carrots Sliced Apples	French Toast * Chicken Sausage 100% Maple Syrup Or  Grilled Cheese Celery Stick Roasted Butternut Squash	Fresh Baked Cheese * Or Pepperoni Pizza (P)*  Zucchini Carrots Sliced Apples
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Superintendent Conference Day No School for Students 			Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option	<a href="#">Student Lunch Meal \$3.25</a> <a href="#">Adult Lunch</a> <a href="#">\$5.50 (Includes tax)</a>

Available Every Day

- Bagel with Cheese Stick Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich; Turkey or Ham Sandwich
- Side Salad

All of these are offered as a Complete Meal, including vegetable, fruit and milk .

A Gluten Free Meal is available with 1 day notification

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.



All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain)

Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily.

All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.

If you have any questions/concerns regarding this menu or there are special dietary needs, please email [gloria.estrada@irvingtonschool.org](mailto:gloria.estrada@irvingtonschool.org)

\* items contain Milk or Soy \*\*\*items with a (P) may contain pork. This Institution is an equal opportunity employer and provider