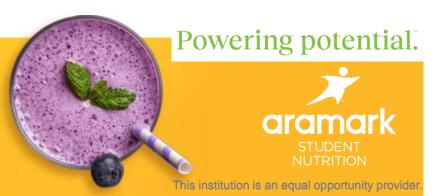


All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat Milk with no rBST
or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns Special Dietary Needs Please email gloria.estrada@irvingtonschools.org



Irvington High School and Middle School Menu



Daily Offerings

Available every day!

- *<u>ACTION STATION</u>- Lo Mein Noodles Sautéed Fresh & Hot! Add vegetables of choice and diced chicken.
- *Grab n Go STATION- Burgers & Chicken Sandwiches on a Bun
- *SMOOTHIE STATION- Yogurt blended with fruit and granola
- *ACAI BAR- Acai berry with choice of various toppings
- *<u>DELI STATION</u> Made to Order Sandwiches with Boars Head products. Panini press option for a hot variation.
- *<u>DAILY VEGETABLES & FRUITS</u>-Carrot Sticks, Celery Sticks,

Apples, Oranges and Bananas offered daily

- *GOURMET PIZZA STATION-Specialty Pizzas Daily along with Cheese, Pepperoni (P) and Turkey, Salami (P) and Mozzarella Cheese Stromboli
- *INTERNATIONAL PROJECT STATION— Week1. Taco Bar. Week 2.

Quesadilla Bar . Week3. Taco Bar . Week4. Quesadilla Bar

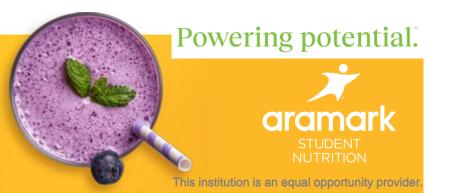
- * <u>SALADS</u> Grilled chicken Caesar salad
- * SOUP- Chicken Noddle (M,W,F) Tomato Soup (T), Vegan Lentil (Th)



All Breakfast Must Include Choice of:
One Grain, Fruit
And May Include:
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Irvington High School and Middle School Menu



Breakfast Menu

Available every day!

*Made to Order Omelet Station- toppings diced tomatoes,

Onions, Peppers, Chicken Sausage, Mozzarella or Cheddar Cheese

*Bacon, Egg & Cheese Sandwich- on wheat roll

*Meatless Egg & Cheese Sandwich- on Sliced Wheat Bread

*Wheat French Toast Sticks- Served with 100% Maple Syrup

*Wheat Pancakes – Served with 100% Maple Syrup

*Yogurt Parfait - Greek Vanilla Yogurt, Fresh blueberries &

Granola

*Bagel Meal - Bagel, 2 Cheese Stick and Fruit

*<u>Daily Vegetables</u> –Hash Brown/Tater Tots offered daily

*Available Daily -Orange, Apple and Banana

Coffee Station available for High School Students in both Atrium and Cafeteria locations



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Gluten Free items are available. Please ask servers to identify items.

Student Lunch Meal \$4.25

Adult Lunch

\$5.50 (Includes tax)





March 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

March 3-7

MONDAY

Meatless Monday
Cheese Quesadilla *

Roasted Corn

WEDNESDAY

Diced Chicken Alfredo Pasta Garlic Bread

Steamed Broccoli

FRIDAY

Mac & Cheese*
Baked Fried Chicken

Steamed Zucchini

TUESDAY

Turkey Tacos*
With Sour Cream, Salsa,
Lettuce

Kidney Beans

THURSDAY

Pork Cubano Sandwich(P) *
Baked Sweet Potatoes

Spinach Salad

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones





March 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

March 10-14

MONDAY

Chicken Lo Mein *
Broccoli

Steamed Edamame

TUESDAY

Buffalo Chicken
Quesadilla

Celery

whole grain per National School Lunch guidelines.

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WEDNESDAY

Spaghetti and Meatballs*
Garlic Toast

Spinach Salad

THURSDAY

Nachos(Beef) *
Topping Cheddar
Cheese, Sour Cream
Salsa

Kidney Beans

FRIDAY

Pulled Pork Cubano Sandwich *

Side Salad or Rainbow Vegetables All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones







March 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

March 17-21

MONDAY

Meatless Monday
Fish Tacos
Cilantro Rice

Mexican Street Corn

TUESDAY

Hot Dog * With Topping

Baked Tater Tots
Spinach Salad

WEDNESDAY

Nachos (Beef)
With Toppings

Black Beans

THURSDAY

Cheese Ravioli*

Baked Butternut Squash

Powering potential. aramark STUDENT NUTRITION This institution is an equal opportunity provider.

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FRIDAY

Chicken or Beef Tacos *

Roasted Zucchini Cherry Tomatoes All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones





March 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

TUESDAY

Turkey Tacos *

With Sour Cream & Salsa

Cherry Tomato

Spinach Salad

March 24-28

MONDAY

Chicken Parm

Baked Sweet Potato

WEDNESDAY

Chicken Dumplings Brown Rice

Butternut Squash

FRIDAY

Quesadilla*

And May Include: Choice of Fat Free or 1% Low-Fat Milk with no rBST or artificial

hormones

All Lunches <u>Must</u> Include Choice of:

Fruits and/or Vegetable

Spaghetti

THURSDAY

Made to Order Waffles* **Scrambled Eggs**

Tater Tots

Powering potential. aramark

All food is free from hydrogenated oils, high fructose corn

syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

> If you have any Question/Concerns **Special Dietary Needs Please email**

Gluten Free items are available. Please ask servers to

identify items.

Buffalo Chicken

Roasted Zucchini