











Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Student Lunch Meal \$3.25 Adult Lunch \$5.50 (Includes tax)</p> <p>Yogurt Smoothies Made to Order Available</p>	<p>Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option</p>			
3	4	5	6	7
<p>Chicken Nuggets * Or American Cheese Melt*</p> <p>Baked Fries Roasted Broccoli Banana</p>	<p>Cheese Quesadilla * Or Hot Dog *</p> <p>Mashed Potato Steamed Kale Banana</p>	<p>Bean & Cheese Burrito * Or French Toast* Scrambled Eggs Maple Syrup</p> <p>Baked Fries Cauliflower Sliced Apples</p>	<p>Chicken Tenders* Or Beef Meat sauce* With Spaghetti Bread stick</p> <p>Pinto Beans Zucchini Orange</p>	<p>Fresh Baked Cheese * Or Pepperoni Pizza (P)*</p> <p>Side Salad Red Peppers Banana</p>
10	11	12	13	14
<p>French Toast* Scrambled Eggs Or Chicken Tender* Breadstick *</p> <p>Seasoned Corn Black Beans Sliced Apples</p>	<p>Fish Sticks* Or Beef Burger*</p> <p>Steamed Broccoli Cucumber Banana</p>	<p>Beef Nachos* Or Grilled Cheese*</p> <p>Fried Rice Edamame Baked Sweet Potato Banana</p>	<p>Waffles * Turkey Sausage* Maple Syrup Or Hot Dog*</p> <p>Cucumber Baked Fries Fresh Honeydew</p>	<p>Fresh Baked Cheese * Or Pepperoni Pizza (P)* Or</p> <p>Sliced Cucumber Carrots Sliced Apples</p>
17	18	19	20	21
<p>Winter Recess</p> 	<p>Winter Recess</p> 	<p>Winter Recess</p> 	<p>Winter Recess</p> 	<p>Winter Recess</p> 
24	25	26	27	28
<p>Beef Burger* Or Chicken Corn Dog*</p> <p>Garbanzo Beans Sautéed Kale Banana</p>	<p>Chicken Tenders* Breadsticks Or Beef Nachos</p> <p>Tater Tots Steamed Green Beans Orange</p>	<p>French Toast* Scrambled Eggs Or Hot Dog*</p> <p>Butternut Squash Black Beans Sliced Apples</p>	<p>Pulled Pork Rice Bowl (P) Or Cheese Quesadilla*</p> <p>Navy Beans Corn Apples</p>	<p>Fresh Baked Pizza * Or Pepperoni Pizza (P)*</p> <p>Spinach Salad Roasted Corn Banana</p>

Available Every Day

[Click here](#) to see the selection of healthy snacks and beverages available.

- Bagel with Cheese Stick Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich; Turkey or Ham Sandwich
- Side Salad

These items require payment at the register or funds on account with MySchoolBucks.



All of these are offered as a Complete Meal, including vegetable, fruit and milk .

A Gluten Free Meal is available with 1 day notification

If you have any questions/concerns regarding this menu or there are special dietary needs, please email gloria.estrada@irvingtonschool.org

* Items contain Milk or Soy

***Items with a (P) may contain pork. This Institution is an equal opportunity employer and provider

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain)

Vegetables (3/4 cup) and Apples, Oranges and Bananas are available daily.

All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.