



Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Beef Tacos Sour Cream and Salsa Or Cheese Quesadilla Spinach Salad Black Beans Orange	Chicken Patty Sandwich* Or Beef Cheeseburger Butternut Squash Steamed Carrots Banana	Grilled Cheese Flatbread* Or Corn Dog* Tater Tots Fresh Cucumber Apple	French Toast* Chicken Sausage 100% Maple Syrup Or Chicken Nuggets Dinner Roll Broccoli Baked Potato Apple	Fresh Baked Pizza* Or Hot Dog * Mix Green Salad Red Peppers Strawberry
8	9	10	11	12
Chicken Nuggets* Or Grilled Cheese* Tater Tots Red Peppers Honeydew	Pancakes * & Turkey Sausage 100% Maple Syrup Or Bean Burrito* Sour Cream and Salsa Celery Sticks Tater Tots Apple	Beef Meatball Spaghetti* Or Cheese Quesadilla* Sour Cream and Salsa Green Beans Spinach Salad Sliced Apples	Beef Hot Dog* Or Chicken Tenders Breadstick Baked Sweet Potato Steamed Broccoli Orange	Fresh Baked Pizza* Or Grilled Flat Bread Side Salad Red Peppers Banana
15	16	17	18	19
Chicken Nuggets* Or Grilled Cheese Sweet Baked Potato Green Peppers Cantaloupe	Fish Bites* Or Beef Cheeseburger* Baked Fries Red Peppers Apples	Beef Nachos * Or Mashed Potato Chicken Bowl * Steamed Broccoli Red Peppers Blueberry	French Toast* & Scrambled Eggs 100% Maple Syrup Or Bean Burrito w/ Cheese* Sour Cream Baked Crinkle Fries Sliced Cucumber Watermelon	Fresh Baked Pizza* Or Corn Dog Side Salad Steamed Zucchini Pear
22	23	24	25	26
SCHOOL CLOSED 	SCHOOL CLOSED 	SCHOOL CLOSED 	SCHOOL CLOSED 	SCHOOL CLOSED 
29	30	31		
SCHOOL CLOSED 	SCHOOL CLOSED 	SCHOOL CLOSED 	<u>Adult Lunch</u> <u>\$5.50 (Includes tax)</u> Yogurt Smoothies Made to Order Available Everyday	Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option

Available Every Day

- Bagel with Cheese Stick
Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich,
Turkey or Ham Sandwich

All of these are offered as a Complete Meal, including vegetable, fruit and milk.

A Gluten Free Meal is available with

1 day notification

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain.) Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily. All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat. Milk is antibiotic and hormone free. Local Produce used throughout the month when available.

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.

If you have any questions/concerns regarding this menu or there are special dietary needs,

please email gloria.estrada@irvingtonschool.org

This Institution is an equal opportunity employer and provider.