

## Lunch Menu

## Dows Elementary December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Beef Tacos Sour Cream and Salsa Or Cheese Quesadilla	Chicken Patty Sandwich* Or Beef Cheeseburger	Grilled Cheese Flatbread* Or Corn Dog*	French Toast* Chicken Sausage 100% Maple Syrup Or Chicken Nuggets Dinner Roll	Fresh Baked Pizza* Or Hot Dog *
Spinach Salad Black Beans Orange	Butternut Squash Steamed Carrots Banana	Tater Tots Fresh Cucumber Apple	Broccoli Baked Potato Apple	Mix Green Salad Red Peppers Strawberry
8	9	10	11	12
Chicken Nuggets* Or Grilled Cheese*	Pancakes * & Turkey Sausage 100% Maple Syrup Or Bean Burrito* Sour Cream and Salsa	Beef Meatball Spaghetti* Or Cheese Quesadilla* Sour Cream and Salsa	Beef Hot Dog* Or Chicken Tenders Breadstick	Fresh Baked Pizza* Or Grilled Flat Bread
Tater Tots Red Peppers Honeydew	Celery Sticks Tater Tots Apple	Green Beans Spinach Salad Sliced Apples	Baked Sweet Potato Steamed Broccoli Orange	Side Salad Red Peppers Banana
15	16	17	18	19
Chicken Nuggets* Or Grilled Cheese	Fish Bites* Or Beef Cheeseburger*	Beef Nachos * Or Mashed Potato Chicken Bowl *	French Toast* & Scrambled Eggs 100% Maple Syrup Or Bean Burrito w/ Cheese* Sour Cream	Fresh Baked Pizza* Or Corn Dog
Sweet Baked Potato Green Peppers Cantaloupe	Baked Fries Red Peppers Apples	Steamed Broccoli Red Peppers Blueberry	Baked Crinkle Fries Sliced Cucumber Watermelon	Side Salad Steamed Zucchini Pear
22	23	24	25	26
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
29	30	31		
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	Student Lunch Meal \$3.25  Adult Lunch  \$5.50 (Includes tax)	Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option

## **Available Every Day**

- Bagel with Cheese Stick
   Served with Cream Cheese or
   Butter
- Sunbutter & Jelly Sandwich, Turkey or Ham Sandwich

All of these are offered as a Complete Meal, including vegetable, fruit and milk.

A Gluten Free Meal is available with

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain.) Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily. All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat. Milk is antibiotic and hormone free. Local Produce used throughout the month when availa-

<u>Click here</u> to see the selection of healthy snacks and beverages available.

 $These \ items \ require \ payment \ at \ the \ register \ or \ funds \ on \ account \ with \ MySchoolBucks.$ 

If you have any questions/concerns regarding this menu or there are special dietary needs,

please email gloria.estrada@irvingtonschool.org

This Institution is an equal opportunity employer and provider.

