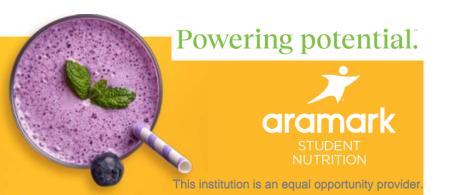


All Breakfast Must Include Choice of:
One Grain, Fruit
And May Include:
Choice of Fat Free or 1% Low-Fat Milk with no rBST
or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns Special Dietary Needs Please email gloria.estrada@irvingtonschools.org



Irvington High School and Middle School Menu



Breakfast Menu

Available every day!

*Made to Order Omelet Station- Toppings diced tomatoes,

Onions, Peppers, Chicken Sausage, Mozzarella or Cheddar Cheese

- *Bacon, Egg & Cheese Sandwich- on Wheat Bread
- *Meatless Egg & Cheese Sandwich- on Wheat Bread
- *Wheat French Toast Sticks- Served with 100% Maple Syrup
- *Wheat Pancakes- Served with 100% Maple Syrup
- *Yogurt Parfait Greek Vanilla Yogurt, Fresh Blueberries & Granola
- *Bagel Meal Bagel, 2 Cheese Stick and Fruit
- *DAILY VEGETABLES- Hash Brown/Tater Tots offered daily
- *Available Daily- Orange, Apple and Banana

Coffee Station available for High School Students in both Atrium and Cafeteria locations

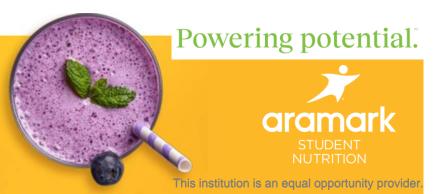
Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.



All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat Milk with no rBST
or artificial hormones

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Irvington High School and Middle School Menu



Daily Offerings

Available every day!

- *ACTION STATION- Lo Mein Noodles Sautéed Fresh & Hot! Add vegetables of choice and diced chicken.
- *Grab n Go STATION- Burgers & Chicken Sandwiches on a bun
- *SMOOTHIE STATION- Yogurt blended with fruit and granola
- *Acai Bar- Acai berry with choice of various toppings
- *<u>DELI STATION</u> Made to Order Sandwiches with Boars Head products. Panini press option for a hot variation.
- *<u>DAILY VEGETABLES</u> Carrot Sticks and Celery Sticks offered daily
- *GOURMET PIZZA STATION- Specialty Pizzas Daily along with Cheese, Pepperoni (P) and Turkey, Salami (P) and Mozzarella Cheese Stromboli
- *WEDNESDAY BBQ-Beef Burger, Hot Dog, Veggie Burger w/Toppings
- * SALADS- Grilled chicken Caesar salad
- * Apple, Oranges, Banana, Watermelon, Cantaloupe, Honeydew, Grapes, Strawberry, Blueberries and Pears



NEW YORK 1856 LOW YORK 1856 LOW AFE SCHOOL

December 2025 IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

December 1-5

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns
Special Dietary Needs Please email

Gluten Free items are available. Please ask servers to identify items.

Student Lunch Meal \$4.25

Adult Lunch

\$5.50 (Includes tax)



MONDAY

Meatless Monday

Baked Fish Stick Mashed Potato

Roasted Broccoli
Apple

WEDNESDAY

Chicken Alfredo With Pasta Breadstick

Blueberries

FRIDAY

Mac and Cheese *
Breadstick

Steamed Broccoli Watermelon

TUESDAY

Beef Rice Bowl Brown Rice

Cantaloupe

THURSDAY

Turkey Barbacoa Quesadilla *
With Sour Cream and Salsa

Baked Sweet Potatoes
Orange

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones

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December 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

December 8-12

MONDAY

Meatless Monday

Cheese Quesadilla With Salsa & Sour Cream

Brown Rice & Black Beans Cantaloupe

WEDNESDAY

Beef Sauteed with Peppers and Onion Brown Rice

> Spinach Salad Sliced Apple

FRIDAY

Chicken Parm * Penne Pasta

Rainbow Vegetables Banana

TUESDAY

Meatball and Pasta Breadstick

Butternut Squash Banana

THURSDAY

Barbacoa Quesadilla Salsa and Sour Cream

> **Butternut Squash Strawberries**

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: Choice of Fat Free or 1% Low-Fat Milk with no rBST or artificial hormones



All food is free from hydrogenated oils, high fructose corn

syrup, preservatives, and artificial dyes. Grains served are

whole grain per National School Lunch guidelines.

If you have any Question/Concerns **Special Dietary Needs Please email**

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December 2025 IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

December 15-19

MONDAY

Baked Fish Sandwich Served with Tarter Sauce

Cauliflower Blueberries

TUESDAY

Cheesy Pasta *
Garlic Breadstick

Steamed Carrots Honeydew

If you have any Question/Concerns WEDNESDAY

Beef Nachos
With Sour Cream and Salsa
Brown Rice

Roasted Broccoli Banana

THURSDAY

Grilled Cheese Tomato Soup

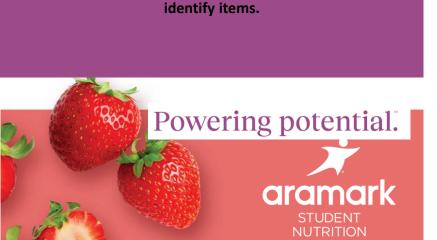
Cucumber Apple

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones

FRIDAY

Chicken Dumplings Rice

Roasted Zucchini Fresh Pear



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Special Dietary Needs Please email

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