

Irvington High School and Middle School Menu



Breakfast Menu

Available every day!

- *Made to Order Omelet Station- Toppings diced tomatoes, Onions, Peppers, Chicken Sausage, Mozzarella or Cheddar Cheese
- *Bacon, Egg & Cheese Sandwich- on Wheat Bread
- *Meatless Egg & Cheese Sandwich- on Wheat Bread
- *Wheat French Toast Sticks- Served with 100% Maple Syrup
- *Wheat Pancakes- Served with 100% Maple Syrup
- *Yogurt Parfait- Greek Vanilla Yogurt, Fresh Blueberries & Granola
- *Bagel Meal - Bagel, 2 Cheese Stick and Fruit
- *DAILY VEGETABLES- Hash Brown/Tater Tots offered daily
- *Available Daily- Orange, Apple and Banana

All Breakfast Must Include Choice of:
One Grain, Fruit
And May Include:

Choice of Fat Free or 1% Low-Fat Milk with no rBST
or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns
Special Dietary Needs Please email
gloria.estrada@irvingtonschools.org

Powering potential.™



This Institution is an equal opportunity provider.

Coffee Station available for High School
Students in both Atrium and Cafeteria locations

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.



Irvington High School and Middle School Menu



Daily Offerings

Available every day!

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:

Choice of Fat Free or 1% Low-Fat Milk with no rBST
or artificial hormones

All food is free from hydrogenated oils, high fructose corn
syrup, preservatives, and artificial dyes. Grains served are
whole grain per National School Lunch guidelines.

If you have any Question/Concerns
Special Dietary Needs Please email
gloria.estrada@irvingtonschools.org

***ACTION STATION**- Lo Mein Noodles Sautéed Fresh & Hot! Add
vegetables of choice and diced chicken.

***Grab n Go STATION**- Burgers & Chicken Sandwiches on a bun

***SMOOTHIE STATION**- Yogurt blended with fruit and granola

***Acai Bar**- Acai berry with choice of various toppings

***DELI STATION** - Made to Order Sandwiches with Boars Head
products. Panini press option for a hot variation.

***DAILY VEGETABLES** - Carrot Sticks and Celery Sticks offered daily

***GOURMET PIZZA STATION**- Specialty Pizzas Daily along with
Cheese, Pepperoni (P) and Turkey, Salami (P) and Mozzarella
Cheese Stromboli

***WEDNESDAY BBQ**- Beef Burger, Hot Dog, Veggie Burger w/Toppings

***SALADS**- Grilled chicken Caesar salad

* Apple, Oranges, Banana, Watermelon, Cantaloupe, Honeydew,
Grapes, Strawberry, Blueberries and Pears

Powering potential.



This institution is an equal opportunity provider.



December 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

December 1-5

MONDAY

Meatless Monday

Baked Fish Stick
Mashed Potato

Roasted Broccoli
Apple

TUESDAY

Beef Rice Bowl
Brown Rice

Cantaloupe

WEDNESDAY

Chicken Alfredo
With Pasta
Breadstick

Blueberries

THURSDAY

Turkey Barbacoa Quesadilla *
With Sour Cream and Salsa

Baked Sweet Potatoes
Orange

FRIDAY

Mac and Cheese *
Breadstick

Steamed Broccoli
Watermelon

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns
Special Dietary Needs Please email
gloria.estrada@irvingtonschools.org

Gluten Free items are available. Please ask servers to identify items.

[Student Lunch Meal \\$4.25](#)

[Adult Lunch](#)

[\\$5.50 \(Includes tax\)](#)

Powering potential.™



This institution is an equal opportunity provider.

Menus are subject to change. Items with a (P) contain pork.* Bread or breaded items contain milk or soy.



December 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

December 8-12

MONDAY

Meatless Monday

Cheese Quesadilla
With Salsa & Sour Cream

Brown Rice & Black Beans
Cantaloupe

WEDNESDAY

Beef Sauteed with
Peppers and Onion
Brown Rice

Spinach Salad
Sliced Apple

FRIDAY

Chicken Parm *
Penne Pasta

Rainbow Vegetables
Banana

TUESDAY

Meatball and Pasta
Breadstick

Butternut Squash
Banana

THURSDAY

Barbacoa Quesadilla
Salsa and Sour Cream

Butternut Squash
Strawberries

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns
Special Dietary Needs Please email
gloria.estrada@irvingtonschools.org

Gluten Free items are available. Please ask servers to
identify items.

Powering potential.™



This institution is an equal opportunity provider.

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.



December 2025

IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

December 15-19

MONDAY

**Baked Fish Sandwich
Served with Tarter Sauce**

**Cauliflower
Blueberries**

TUESDAY

**Cheesy Pasta *
Garlic Breadstick**

**Steamed Carrots
Honeydew**

WEDNESDAY

**Beef Nachos
With Sour Cream and Salsa
Brown Rice**

**Roasted Broccoli
Banana**

THURSDAY

**Grilled Cheese
Tomato Soup**

**Cucumber
Apple**

FRIDAY

**Chicken Dumplings
Rice**

**Roasted Zucchini
Fresh Pear**

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:
Choice of Fat Free or 1% Low-Fat
Milk with no rBST or artificial
hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns
Special Dietary Needs Please email

gloria.estrada@irvingtonschoools.org

Gluten Free items are available. Please ask servers to
identify items.

Powering potential.™



This institution is an equal opportunity provider.

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.