



Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Available 7:30am-9:30am daily Adult Lunch \$5.50 (Includes tax)	Student Breakfast Meal \$2.50 Student Lunch Meal \$4.25			
3	4	5	6	7
Beef Meatballs * Spaghetti Steamed Carrots Pineapple	Cuban Sandwich (p) Swiss Cheese & Pickles on a French Baguette Roasted Broccoli Banana	Chicken Dumplings* Brown Rice Steamed Edamame Cantaloupe	Breakfast For Lunch* Made to Order Waffles* Chicken Sausage Pinto Beans Fresh Orange	Grilled Cheese * Tater Tots* Sweet Potato Watermelon
10	11	12	13	14
Baked Fish Sandwich* Tater Tots Apple Sliced	Arroz con Pollo * Red Peppers Strips Blueberries	Seasoned Beef Nachos* with Salsa & Sour Cream Spinach Salad Banana	Spicy Chicken Parm Hero* Topped with Mozzarella Roasted Zucchini Honeydew	Penne Pasta * with Ricotta Cheese Garlic Bread Green Beans Pears
17	18	19	20	21
Buffalo Chicken* Quesadilla with Sour Cream & Salsa* Celery Sticks Grapes	Beef Nachos* Rice Tomato Wedges Fresh Apple	Juneteenth 	Roasted Chicken * Seasoned Rice with Peas Black Beans Banana	Mac and Cheese * Breadstick Cherry Tomatoes Oranges
24	25	26	27	28
Fish Tacos Penne Pasta with Sauce* Carrots Green Apple	Cuban Sandwich (p) Swiss Cheese & Pickles on a French Baguette Waffle Fries Grapes			

Offering Daily

***ACTION STATION**- Sautéed Fresh & Hot! Lo Mein Bar made to order

***SMOOTHIE STATION**- Yogurt blended with fruit and Granola on the side

***DELI STATION** - Made to Order Sandwiches with Boars Head Meats

***GOURMET PIZZA STATION**- Specialty Pizzas Daily along with Cheese, Pepperoni (P) and Turkey, Salami (P) and Mozzarella Cheese Stromboli

***SOUP STATION** Rotation of Chicken Noodle, Vegan Green Pea Soup, Vegetable soup and Turkey Chili

***INTERNATIONAL PROJECT STATION**— Week1. Taco Bar. Week 2. Quesadilla Bar . Week3. Taco Bar . Week4. Quesadilla Bar

***GRILL STATION** Every Wednesday!

***Grab n Go STATION**- Burgers & Chicken Sandwiches on a Bun

***Acai Bar**- choice of various offering

***DAILY VEGETABLES**- Carrot Sticks and Celery Sticks offered daily

All Meals include: Entrée, 1 cup of Vegetables, Bread/Grain (All grains served are whole grain) , Fresh Fruit choice of apples, orange or bananas, 100% juice offering after the Fruit Choices and a choice of Milk (Fat Free White, Chocolate or 1% Milk, No rBST and No Artificial Hormones)

All salad dressings are **FREE** from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat. Local Produce used throughout the month when available from local NJ/NY Farms. A Gluten Free Meal is always available—ask servers for assistance.

Breakfast menu: Omelets Made To Order, Waffles Made To Order, Egg Sandwiches, Bagels, Cold Cereal, Muffins and More!

Breakfast is available 7:30 am to 9:30 am daily

New This Year –Coffee station available for HS Student and Staff Only

[Click here](#) to see the Selection of Ala carte healthy Snacks and beverages with prices.

These items require payment at the register or funds on account with MySchoolBucks.

If you have any questions/concerns regarding this menu or there are special dietary needs, please email gloria.estrada@irvingtonschool.org

* items contain Milk or Soy

***items with a (P) may contain pork. This Institution is an equal opportunity employer and provider.

